

Care & Concern OR Worry & Anxiety

Proper Concern vs. Anxiety

Care & Concern

Born Of Need And Love

1 Thess. 2:7,8; 1 Cor. 12:25

Causes Positive Action

Phil. 2:19-21,28

Proper Concern vs. Anxiety

Anxiety And Worry

Mental Consequences

Physical Consequences

Spiritual Consequences

Luke 21:34; Mark 4:19

Anxiety Enhancers

*"When my anxious thoughts multiply within me,
Thy consolations delight my soul."* **Ps. 94:19**

Sin **Ps. 38:18**

Lack Of Faith

The Fleshly Mind Run Wild:

A Parade Of Imaginary Horribles

Anxiety Reducers/ Faith Builders

Trusting

1 Pet. 5:5,6; Ps. 55:22; 127:1,2; Phil. 4:5,6

Praying

Luke 21:36

Leaving Room For God's Wrath

Rom. 12:19

Anxiety Reducers/ Faith Builders

Being Busy For Others

Filling Your Mind With Godly Things

Phil. 4:8,9

Counting Your Blessings

1 Thess. 5:16-18

The Master's Perfect Plan

Matt. 6:25-34