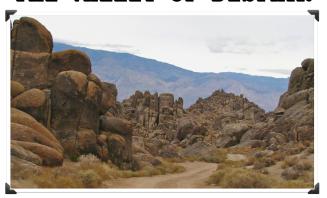
#### THE VALLEY OF DESPAIR



#### DESPAIR IN BAD CIRCUMSTANCE PS. 42 & 43

- \* "Where's Your God Now?"
- Appetite-Killing Tears
- Kept From Worship
- Far From Home
- Forgotten, Rejected
- Oppressed
- Unethical Enemies



## FAITHFUL CONTEMPLATION LIKE ABRAHAM ROM. 4:17-22

(as it is written, "A FATHER OF MANY NATIONS HAVE I MADE YOU") in the sight of Him whom he believed, even God, who gives life to the dead and calls into being that which does not exist. In hope against hope he believed, in order that he might become a father of many nations, according to that which had been spoken, "SO SHALL YOUR DESCENDANTS BE."

### FAITHFUL CONTEMPLATION LIKE ABRAHAM ROM. 4:17-22

And without becoming weak in faith he contemplated his own body, now as good as dead since he was about a hundred years old, and the deadness of Sarah's womb; yet, with respect to the promise of God, he did not waver in unbelief, but grew strong in faith, giving glory to God, and being fully assured that what He had promised, He was able also to perform. Therefore also IT WAS RECKONED TO HIM AS RIGHTEOUSNESS.

#### ACTIONS LEADING OUT OF THE VALLEY PS. 42 & 43

- Longing For God
- Remembrance
- Hope
- Preparing To WorshipH
- Prayer & PraiseH
- Strengthen Yourself

# ACTIONS LEADING OUT OF THE VALLEY SUGGESTED FOR US IN HEBREWS

- ♦ Longing For God Heb. 11:6
- ♦ Remembrance Heb. 10:32-35
- ♦ Hope Heb. 6:17-19
- Preparing To WorshipHeb. 10:23-25
- Prayer & PraiseHeb. 13:15
- Strengthen Yourself & Others Heb. 3:12,13



